

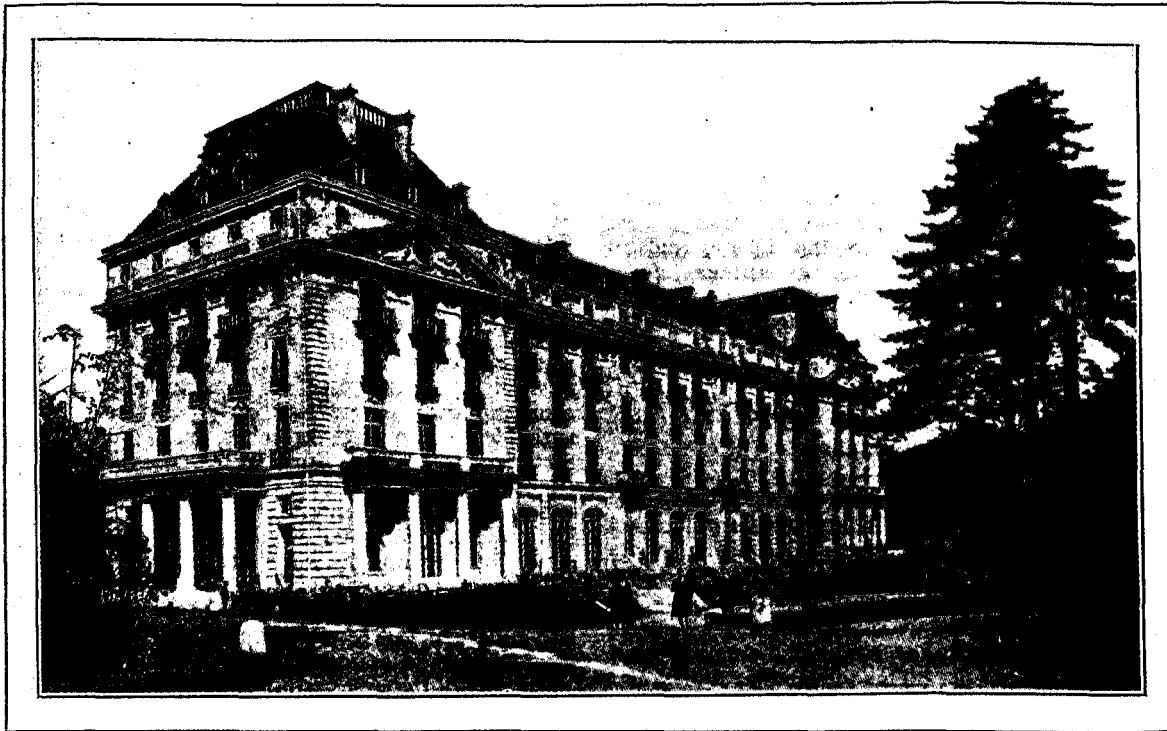
had not been so tightly bandaged at the first dressing. Immediate incisions and free drainage seem the usual mode of treatment, and large fomentations of boric lint (doubled) need to be frequently applied for some days. The wounds require to be thoroughly syringed twice a day with hydrogen peroxide or carbolic 1 in 60, or iodine, and, of course, any fragments of shell, bone, or clothing need to be removed at once. Lately we have had the most amazing results from injections of anti-gangrene vaccin, $\frac{1}{2}$ c.c. being injected at the first dose and 1 c.c. afterwards daily for about eight days, with a couple of intervals when the injection was omitted for a day.

"Frost-bites" come in in various stages, and a great many different kinds of treatment have

usually given $\frac{1}{2}$ oz. of brandy, 4 hourly egg flips, plenty of milk, chicken broth, &c. As it is at night that the pain and discomfort are always greatest, the resulting sleeplessness requires some remedy. After many trials of aspirin, hot drinks, brandy, phenacetin, and caffeine, hyp. inj. of morphia, or potassium bromide—the latter is found to be far the best.

In all surgical wounds an important item to remember is to treat the injured limb with the necessary extension movements, or massage, so that the after crippling effects may be prevented. Secondary hæmorrhages often occurs after amputation, but nearly always it is the night nurse who comes in for these little excitements.

There is not much to say about the nursing of



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been tried. Rest in bed combined with a liberal diet is usual, and the feet are wrapped up. If they are in a more advanced stage, either black or blistered, or both, they require frequent dressings to try and keep them as dry as possible. The blisters are snipped when necessary, and it seems better to cut away a good deal of the skin than merely to snip a hole just for the fluid to escape. The feet are dusted well with powder (boric 1 oz., amylum 3 oz., zinc oxide 3 oz.) and the toes kept separated by strips of gauze between, and the whole foot wrapped in gauze and wool till the circulation returns, or, if they are gangrenous, till the line of demarcation appears and amputation has to be done. Bad cases of frost-bite are

the enterics and dysentery cases, as the former are treated according to the modern methods and the latter by the three essentials, warmth, rest and careful diet, with such drugs as are ordered. I might add a word about those we leave behind in the little cemetery on the hill. There we have our little colony of English graves with the plain wooden crosses, and here friend and foe are side by side, as one will see two or three marked, "A German soldier," with just the name above.

M. D. HUNTER.

FROM RUSSIA.

No one who has read of the exertions of Miss Violetta Thurstan since the middle of August will be surprised that her strength has given out,

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